ADVANCED PLACEMENT TESTING
STUDY TIPS for FOUNDATIONS OF NURSING
(The first test)

1. Access a Foundations or Fundamentals of Nursing textbook—published within the past 5 years. If a student workbook is available as an accompaniment, your learning will be accelerated!

2. Read or review the following chapters or units:
   a. Nursing process: assessment, nursing diagnosis, nursing goals, nursing interventions, and evaluation—probably a good 75% of the NLN standardized test questions will be worded using some part of the nursing process
   b. Therapeutic communication: be able to use the words/labels for therapeutic vs. non-therapeutic communication, as well as give communication examples. Some examples are reflection, probing, closed ended questioning, restatement, silence—you need to know whether each of these techniques are therapeutic or non-therapeutic plus give communication examples.
   c. Developmental principals–focus specifically on Erik Erickson’s stages of Man
   d. Legal role of RN, History of RN

3. While reading the above chapters, work any questions throughout the chapter either in boxes or at chapter end. This will assist you to take ownership of the material plus expose you to important concepts.

4. If you fortunately were able to access a student workbook, answer any and all questions on the above chapters.

5. Practice, practice, practice multiple-choice questions. Get an RN review book that has chapters broken down by content area. Practice the nursing process, communication, legal, and developmental questions. If you start to practice the med-surg questions, you will probably get frustrated because you do not have that complex theory content yet.

6. There are computerized learning programs on the nursing computers at Redlands Community College that you are welcome to practice. The computers are open on a space available basis Mon.-Thurs. From 8:30 a.m. to 9:00 p.m. and Fridays from 8:30 a.m. to 4:30 p.m. You will want to work the programs on Nursing Process and Therapeutic Communication.

7. Most people who have successfully passed the test have taken advantage of the above suggestions. The more variety you can provide for your learning, the better prepared you will be.

   I wish you the best of luck!
Lori Vicsek, RN, MSN
Nursing Director
1. Access a Med-Surg Nursing textbook—published within the past 5 years. If a student workbook is available as an accompaniment, your learning will be accelerated!

2. Read or review the following chapters or units:
   a. Nursing process: assessment, nursing diagnosis, nursing goals, nursing interventions, and evaluation—probably a good 75% of the NLN standardized test questions will be worded using some part of the nursing process
   b. Therapeutic communication: be able to use the words/labels for therapeutic vs. non-therapeutic communication, as well as give communication examples. Some examples are reflection, probing, closed ended questioning, restatement, silence—you need to know whether each of these techniques are therapeutic or non-therapeutic plus give communication examples.
   c. Developmental principals—focus specifically on Erik Erickson’s stages of Man
   d. Review chronic med-surg problems you learned in LPN, Paramedic school or in another arena of learning. The basic premise being...this test is chock full of chronic med-surg problems in nursing process question format.

3. While reading the above chapters, work any questions throughout the chapter either in boxes or at chapter end. This will assist you to take ownership of the material plus expose you to important concepts.

4. If you fortunately were able to access a student workbook, answer any and all questions on the above chapters.

5. Practice, practice, practice multiple-choice questions. Get an RN review book that has chapters broken down by content area. Practice the nursing process, communication, legal, developmental, and chronic med-surg level questions. If you start to practice the acute med-surg questions, you will probably get frustrated because you do not have that complex theory content yet.

6. There are computerized learning programs on the nursing computers at Redlands Community College that you are welcome to practice. The computers are open on a space available basis Mon.-Thurs. From 8:30 a.m. to 9:00 p.m. and Fridays from 8:30 a.m. to 4:30 p.m. You will want to work the programs on the med-surg scenarios such as unconscious head injury, copd, asthma, chf.

7. Most people who have successfully passed the test have taken advantage of the above suggestions. The more variety you can provide for your learning, the better prepared you will be.

    I wish you the best of luck!
Lori Vicsek, RN, MSN
Nursing Director

09-06
ADVANCED PLACEMENT TESTING
STUDY TIPS for NURSING CARE OF THE CHILD AND
NURSING CARE DURING CHILDBEARING
(The third test)

1. Access a Pediatric Nursing textbook & a Maternity Nursing textbook—published within the past 5 years. If a student workbook is available as an accompaniment, your learning will be accelerated!

2. Read or review the following chapters or units:
   a. Nursing process: assessment, nursing diagnosis, nursing goals, nursing interventions, and evaluation—probably a good 75% of the NLN standardized test questions will be worded using some part of the nursing process
   
   b. For Maternity, learn the three phases: Pre-Natal& Antepartal—physical & psychologic changes of pregnancy, normal & abnormal; Intrapartal—stages of labor & birth along with specific terminology; Postpartal—assessments & adaptations. Then be sure and thoroughly review the newborn—assessment & terminology, feeding needs, care of at risk newborns.
   
   c. Developmental principals—focus specifically on Erik Erickson’s stages of Man, There are 5 of these stages that occur in pediatrics. Know the following for each of these 5 stages with specific examples: physical development with a gross or fine motor example, normal play with example, normal language development. In the first year of life, you should know those previous examples for birth, 3 months, 6 months, 9 months, and 1 year--then go into the developmental stages.
   
   d. Review pediatric & maternity med-surg problems you learned in LPN, Paramedic school or in another arena of learning. The basic premise being this test is chock full of pediatric & maternity med-surg problems in nursing process question format, such as gestational diabetes or pediatric asthma, fractures, or GI/urinary alterations (to give a few examples).

3. While reading the above chapters, work any questions throughout the chapter either in boxes or at chapter end. This will assist you to take ownership of the material plus expose you to important concepts.

4. If you fortunately were able to access a student workbook, answer any and all questions on the above chapters.

5. Practice, practice, practice multiple-choice questions. Get an RN review book that has chapters broken down by content area. Practice the nursing process, abnormal maternity, normal maternity, newborn, pediatric, and developmental questions.

6. There are computerized learning programs on the nursing computers at Redlands Community College that you are welcome to practice. The computers are open on a space available basis Mon.-Thurs. From 8:30 a.m. to 9:00 p.m. and Fridays from 8:30 a.m. to 4:30 p.m. You will want to work the programs on the maternity, newborn, and pediatric scenarios such as newborn assessment, toddler with asthma, etc.

7. Most people who have successfully passed the test have taken advantage of the above suggestions. The more variety you can provide for your learning, the better prepared you will be.
I wish you the best of luck!